

Nautilus Middle School Enrichment Program
Fall 2017
Classes begin week of August 28th (2nd week of school)
and end week of December 11th
Exact room locations TBA
Payment by Cash or Credit Card only, no checks please

- ❖ **Early Bird Discount: 5% off for registrations paid in full by Tues, June 6th**
- ❖ **Invite a friend to your Enrichments class and get a \$20 Gift Card to Starbucks or Amazon when your friend REGISTERS for the class!**
- ❖ **Payment plan available--please inquire**

1. Yoga with Green Monkey

Instructor: Julianne Aeherlee, Green Monkey Yoga

Mondays 4:00 – 5:00

14 classes

8/28, 9/11, 9/18, 9/25, 10/9, 10/16, 10/23, 10/30, 11/6, 11/13, 11/20, 11/27, 12/4, 12/11

Price: \$350

Imagine a fun-filled class taught by a former Miami Heat dancer that will not only stretch and strengthen your body, but also your mind. Students will reap all the benefits of Yoga including learning de-stressing and regulated breathing techniques, which can lead to making good lifestyle choices and higher self-esteem, all while in a fun and relaxed setting.

Taught by Julianne Aerhee, a yogi teaching at Green Monkey Yoga in Sunset Harbor. As a Miami Heat Dancer for 3 seasons, she has a passion for movement, and believes that Yoga inspires people to discover their greatest selves. Minimum 5 / Maximum 18 students

2. DJ/ Music Production by the Art Cortex - NEW!

Instructor: Christina Hernandez

Mondays 4:00 -5:00 pm

14 classes

8/28, 9/11, 9/18, 9/25, 10/9, 10/16, 10/23, 10/30, 11/6, 11/13, 11/20, 11/27, 12/4, 12/11

Price: \$325

Our DJ program offers a chance to work with the top leading DJ software, DJ controllers and MIDI controllers in the country. Learn how to sync, read and analyze music, create loops, add special FX and your own beats for the ultimate personalized mix using MP3 and Vinyl form.

Taught by Christina Hernandez who is the founder of The Art Cortex and DJ instructor. She is very involved in the local music scene and is always discovering new artists and new music. She has been featured as a top 100 nightlife influencer by Absolut Labs as well as being featured by Young Artist Initiative as an up and coming local artist and featured by The Leah Arts District as part of the movers and shakers series. Her DJ clients include, Adobe, CAA Sports, Miami Beach Centennial, Wynwood Life Festival and multiple events for Art Basel. She currently hosts a Radio show for one of the most popular eccentric local radio stations KlangboxFM in Miami. Minimum 5 / Maximum 10 students

3. Claymation and Stop Motion - NEW!

Instructor: Jorge Cruz, Clay World

Tuesdays 4:00 -5:00

16 classes

8/29, 9/5, 9/12, 9/19, 9/26, 10/3, 10/10, 10/17, 10/24, 10/31, 11/7, 11/14, 11/21, 11/28, 12/5, 12/12

Price: \$375

Clay Animation or Claymation, is an animation technique that uses clay figures and objects to create movement. Students will create clay characters and build a backdrop, stage, and scenery that will be brought to life using the magic of Stop Motion Animation. Digital photography and editing will also be implemented. Clay World designs and uses its own line of products for its Art Programs and Workshops: Clay World's Oven-Bake Clay Kit includes a collection of 12 bright colors and a mini booklet with instructions to build a character and basic techniques, toothpick and cleaning rag.

Jorge Cruz is an award-winning Colombian artist and architect, praised worldwide for his intricate clay modeling, stop-motion clay animation and Sugar Art. Jorge specializes in meticulously hand-crafted figures and is lauded for the spectacular detail in each and every piece he creates. He has a large and loyal following across the globe. His figures and stop-motion clay animation are featured in numerous commercials, feature films and national print publications. Minimum 5 / Maximum 18 students

4. Keyboards and Piano

Instructor: Ray Modia

Tuesdays 4:00 – 5:00

16 classes

8/29, 9/5, 9/12, 9/19, 9/26, 10/3, 10/10, 10/17, 10/24, 10/31, 11/7, 11/14, 11/21, 11/28, 12/5, 12/12

Price: \$375

Learn to play the electronic keyboard or tickle the ivories on a classic piano with our award-winning and Grammy-nominated music teacher, Mr. Modia. Whether you are just starting, or have experience, Mr. Modia will have you playing songs you did not think possible. Minimum and maximum is 8 students.

5. Self Defense and the Martial Arts - NEW!

Instructor: Sensei Lazaro Morfa

Wednesdays 4:00 – 5:00

15 classes

8/30, 9/6, 9/13, 9/20, 9/27, 10/4, 10/11, 10/18, 10/25, 11/1, 11/8, 11/15, 11/29, 12/6, 12/13

Price: \$325

This class will teach boys and girls self-defense through the use of Mixed Martial Arts, as well as promote discipline, well-being and physical fitness. Skills will include Karate, Judo, Kick Boxing, Jiu Jitsu and Fitness conditioning. Class will accommodate beginner to advanced levels. Sensei Lazaro Morfa is a 3rd Dan BlackBelt, with extensive knowledge and experience in Martial Arts training and competitions. Minimum 5 / Maximum 18 students

6. Printmaking and Mixed Media Arts by the Art Cortex – NEW!

Instructor: Yesenia Rodriguez

Wednesdays 4:00-5:00

15 classes

8/30, 9/6, 9/13, 9/20, 9/27, 10/4, 10/11, 10/18, 10/25, 11/1, 11/8, 11/15, 11/29, 12/6, 12/13

Price: \$325

Our Mixed Media Arts program offers your young creatives a chance to create with all kinds of Media Art. They will learn to work with plaster of paris and paper mache, other projects include stenciling, original print designs, 3D creations, and so much more.

The class is taught by Yesenia Rodriguez, a fashion designer, writer, painter, sculptor and jewelry maker. Yesenia works with all kinds of Art forms including printmaking, painting, lithography, stenciling and much more. She is the Mixed Media Arts Director at The Art Cortex and strives to create original and unique assignments for her students. All the tools to create these projects have been developed by her. Minimum 5 / Maximum 18 students

7. French Conversation & Culture

Instructor: Christian Cotabarren, French and Spanish teacher

Thursdays 4:00 - 5:00

13 classes

8/31, 9/7, 9/14, 10/5, 10/12, 10/19, 10/26, 11/2, 11/9, 11/16, 11/30, 12/7, 12/14

Price: \$300

Students will explore the French language and culture while they expand their vocabulary and learn to communicate effectively in French. Students will learn in a multitude of fun ways, including sampling French foods, playing games, and viewing videos. The curriculum is tailored to beginner and intermediate levels. C'est magnifique! Minimum: 5 / Maximum 18 students

8. Band

Instructor: Ray Modia

Thursdays 4:00-6:00 (Note: 2 hour class)

13 classes

8/31, 9/7, 9/14, 10/5, 10/12, 10/19, 10/26, 11/2, 11/9, 11/16, 11/30, 12/7, 12/14

Price: \$450

Taught by the best band leader in town! The perfect opportunity to try a new instrument or sharpen skills on an instrument already played. Mr. Modia will also give personalized instruction to students wishing to focus on a particular instrument, for example, guitar. A great value, and the cost includes use of a variety of instruments (wind, percussion, guitar) and music books.

Minimum: 6 students/ No Maximum

9. Hip-Hop Fitness

Instructor: Daryl Philibert

Thursdays 4:00 – 5:00

13 classes

8/31, 9/7, 9/14, 10/5, 10/12, 10/19, 10/26, 11/2, 11/9, 11/16, 11/30, 12/7, 12/14

Price: \$295

Feel the beat in this hip-hop dance fitness class which gives students the opportunity to learn some basic hip-hop moves while improving their cardiovascular health. Geared towards all students, no prior dance experience is needed. At the course's end, students will have the opportunity to perform in an end of semester stage performance.

The class is taught by Daryl Philibert who earned a BFA from the University of the Arts.

Daryl has been teaching dance for over 12 years. He is well versed in a variety of dance techniques from ballet to hip hop. Currently Daryl teaches a variety of dance styles throughout South Florida. Minimum 5 / Maximum 18 students

10. Flag Football - NEW!

Instructor: MBJCC

Fridays 4:00 – 5:00

13 classes

9/1, 9/8, 9/15, 9/22, 9/29, 10/6, 10/13, 10/20, 11/3, 11/17, 12/1, 12/8, 12/15

Price: \$295

This class emphasizes teamwork, sportsmanship and general sports knowledge in a supportive and fun environment. We will encourage players to work hard, stay active, and to push themselves to the next level.

Experienced coaches as well as equipment provided by the Miami Beach JCC. Depending on the amount of kids registered you will play NFL air it out rules. Bring a friend and come ready to play!
Minimum 12 students / No Maximum

11. Tennis

Instructor: Lenka Barrow, USPTA certified coach

Fridays 4:00 – 5:30 (Note: 90-minute class)

13 classes

9/1, 9/8, 9/15, 9/22, 9/29, 10/6, 10/13, 10/20, 11/3, 11/17, 12/1, 12/8, 12/15

Price: \$380

Sharpen your game with Coach Barrow. She has over 15 years coaching experience at various local schools, including coaching Nautilus students during PE classes. Students will focus on fundamental skills, footwork and strategy through practice drills, fun learning games, and playing matches. All levels welcome. Class will maintain a 6:1 student to coach ratio. Some rackets available. Minimum 6 / Maximum 24 students

Questions? Contact:

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