

Nautilus Middle School Enrichment Program
Classes for Spring 2017
Classes Begin Week of January 16th (2nd week of school)
and end Week of May 22nd
Exact room locations TBA
Payment by Cash or Credit Card only, no checks please

1. Art with David from Painting with a Twist

Instructor: David Sexton, Painting with a Twist

Mondays 4:00 – 5:00

15 classes

1/30, 2/6, 2/13, 2/27, 3/6, 3/13, 3/20, 3/27, 4/3, 4/17, 4/24, 5/1, 5/8, 5/15,
5/22

Price: \$350

Whether you need to prepare your portfolio to get into DASH or to just have some creative fun, check out this new class taught by former Marvel Comics artist, David Sexton. David teaches at Temple Beth Sholom and works with kids of all ages at his Painting With A Twist studio on 71st Street in Miami Beach. While animation is his passion, David will lead students through art projects that are as entertaining as they are challenging using a variety of mediums including pencil, ink, chalk and acrylic paint. Students should bring a sketchbook, other art supplies are provided. Minimum: 5 / Maximum 18 students

2. Yoga with Green Monkey-NEW!

Instructor:

Mondays 4:00 – 5:00

15 classes

1/30, 2/6, 2/13, 2/27, 3/6, 3/13, 3/20, 3/27, 4/3, 4/17, 4/24, 5/1, 5/8, 5/15,
5/22

Price: \$350

A fun-filled class that will help students reap all the benefits of yoga: good lifestyle choices, self esteem, confidence, breathing techniques, de-stressing tools, stretching and strengthen both their minds and bodies.

Instructor teaches at Green Monkey Yoga in Sunset Harbor. She is a former Miami Heat Dancer...

Minimum: 5 / Maximum 18 students

3. PhotoWorks

Instructor: Carolina Cueva, Alternative Arts Miami. www.alternativearts.co

Mondays 4:00 – 5:00

15 classes

1/30, 2/6, 2/13, 2/27, 3/6, 3/13, 3/20, 3/27, 4/3, 4/17, 4/24, 5/1, 5/8, 5/15, 5/22

Price: \$350

Photo by student request! This photography class is for you, designed by you from the beginning! You'll create this class from an extensive list of photo techniques and projects. Each student will then be given the photo assignment or challenge of choice, select their preferred camera: smartphone with lens kit/apps, point and shoot or DSLR and go! Along with each assignment, you will decide how you'd like to present your images: prints, tees, stickers, etc. You will be photographer, editor and project designer in this unique photographic experience. All supplies included in registration fee. Minimum: 5 / Maximum 18 students

Carolina Cueva is a multidisciplinary visual artist working with a variety of mediums including photography, sculpture, collage and site specific installations. She received her BFA from School of Visual Arts (SVA) in New York City and works as a Teaching Artist in South Florida with at-risk youth in programs at the Perez Art Museum Miami, the Bass Museum, Arts 4 learning and the Museum of Contemporary Arts in a mentorship programs for teens.

4. Game Masters App Design

Instructor: KidTec. www.kidtec.club

Mondays 4:00 – 5:00

15 classes

1/30, 2/6, 2/13, 2/27, 3/6, 3/13, 3/20, 3/27, 4/3, 4/17, 4/24, 5/1, 5/8, 5/15, 5/22

Price: \$375

Students build their own games, apps, websites or innovative mods for some of today's most popular online games. This program is for beginners and advanced programmers and provides creative, collaborative, fun, and self-paced immersive coding. Perfect for girls and boys teaching them computer programming and game design using logic, problem solving skills, collaboration and creativity. Minimum: 5 / Maximum 18 students

5. Lost Arts-NEW!

Instructor: Ms. Lissette Burns, Language Arts Teacher

Mondays 4:00 – 5:00

15 classes

1/30, 2/6, 2/13, 2/27, 3/6, 3/13, 3/20, 3/27, 4/3, 4/17, 4/24, 5/1, 5/8, 5/15, 5/22

Price: \$325

Ever wish you could hand-write a personal letter in cursive? Or type using all 10 fingers instead of just 2? This class will 'find' the 'Lost Arts' of cursive hand-writing and full-hand typing. Taught by our beloved Ms. Burns, it will be fun, challenging and engaging.

6. Self Defense-NEW!

Instructor: Sensei Lazaro Morfa

Tuesdays 4:00 – 5:00

18 classes

1/17, 1/24, 1/31, 2/7, 2/14, 2/21, 2/28, 3/7, 3/14, 3/21, 3/28, 4/4, 4/18, 4/25, 5/2, 5/9, 5/16, 5/23

Price: \$375

This class will teach boys and girls self-defense through the use of Mixed Martial Arts, as well as promote discipline, well-being and physical fitness. Skills will include Karate, Judo, Kick Boxing, Jiu Jitsu and Fitness conditioning. Class will accommodate beginner to advanced levels. Sensei Lazaro Morfa is a 3rd Dan Blackbelt, with extensive knowledge and experience in Martial Arts training and competition.

7. Keyboards and Piano-NEW!

Instructor: Ray Modia

Tuesdays 4:00 – 5:00

18 classes

1/17, 1/24, 1/31, 2/7, 2/14, 2/21, 2/28, 3/7, 3/14, 3/21, 3/28, 4/4, 4/18, 4/25, 5/2, 5/9, 5/16, 5/23

Price: \$375

Learn to play the electronic keyboard or tickle the ivories on the classic piano with our award-winning music teacher, Mr. Modia. Whether you are just starting or have experience, Mr. Modia will have you playing songs you didn't think possible. Minimum: 8 / No Maximum

8. Cross Train Combo Workout by Anatomy Fitness-NEW!

Instructor: Sean Garner

Tuesdays 4:00 – 5:00

18 classes

1/17, 1/24, 1/31, 2/7, 2/14, 2/21, 2/28, 3/7, 3/14, 3/21, 3/28, 4/4, 4/18, 4/25, 5/2, 5/9, 5/16, 5/23

Price: \$360

Cross Train Combo by Anatomy is a fitness class like none other. Taught by former strength pro and conditioning coach Sean Garner of Anatomy at 1220 in Sunset Harbor, students will train like the pros. It will be a combination

crossfit, boot camp and circuit training workout using treadmills, ellipticals and stationery bikes. The class will involve outdoor sport and play based activities that will be suitable for the beginner or advanced so all skill levels will get a safe, fun and energetic workout.

9. Run for Fun

Instructor: Rick Fernandez

Wednesdays 4:00 – 5:00

18 classes

1/18, 1/25, 2/1, 2/8, 2/15, 2/22, 3/1, 3/8, 3/15, 3/22, 3/29, 4/5, 4/19, 4/26, 5/3, 5/10, 5/17, 5/24

Price: \$325

Running has never been more fun! Our amazing Cross Country coach, Mr. Fernandez, will lead the class in running exercises, technique and drills. The class will be encouraged to compete as a group in the ING 5K race in January 2017. (Participation in 5K is optional and 5K registration fee is separate). Students enrolled in Run for Fun class will receive a running t-shirt. Minimum: 5 / Maximum 18 students

10. Digital Movie-Making, Animation and Website Design w/3-D Print

Instructor: KidTec. www.kidtec.club

Wednesdays 4:00 – 5:00

18 classes

1/18, 1/25, 2/1, 2/8, 2/15, 2/22, 3/1, 3/8, 3/15, 3/22, 3/29, 4/5, 4/19, 4/26, 5/3, 5/10, 5/17, 5/24

Price: \$400

YouTube Stars, Graphic Designers and Digital Animators, this is the place for you! Explore your creativity and critical-thinking skills while learning a range of software tools, techniques and media including 3D-printing. You will be encouraged and inspired to design, create and collaborate while having fun with your friends. Students will develop a portfolio of graphic designs, computer animations, videos and websites. Minimum: 5 / Maximum 18 students

11. French Conversation & Culture

Instructor: Christian Cotabarren, French and Spanish teacher

Thursdays 4:00 - 5:00

15 classes

1/19, 1/26, 2/2, 2/9, 2/16 (early release), 2/23, 3/2, 3/9, 3/16 (early release), 3/23, 3/30, 4/6, 4/20, 4/27, 5/4, 5/11, 5/18 (early release), 5/25

Price: \$325

Students will explore the French language and culture while they expand their vocabulary and learn to communicate effectively in French. Students will learn in a multitude of fun ways, including sampling French foods, playing games, and viewing videos. The curriculum is tailored to beginner and intermediate levels. C'est magnifique! Minimum: 5 / Maximum 18 students

12. Band

Instructor: Ray Modia

Thursdays 4:00-6:00 (Note: 2 hour class)

15 classes

1/19, 1/26, 2/2, 2/9, 2/16 (early release), 2/23, 3/2, 3/9, 3/16 (early release), 3/23, 3/30, 4/6, 4/20, 4/27, 5/4, 5/11, 5/18 (early release), 5/25

Price: \$450

Taught by the best bandleader in town! The perfect opportunity to try a new instrument or sharpen skills on an instrument already played. Mr. Modia will also give personalized instruction to students wishing to focus on a particular instrument, for example, guitar. A great value, and the cost includes use of a variety of instruments (wind, percussion, guitar and keyboard) and music books. Minimum: 8 students/ No Maximum

13. Hip Hop Fitness

Instructor: Skyler Rodgers

Fridays 4:00 – 5:00

17 classes

1/20, 1/27, 2/3, 2/10, 2/17, 2/24, 3/3, 3/10, 3/17, 3/31, 4/7, 4/21, 4/28, 5/5, 5/12, 5/19, 5/26

Price: \$350

Feel the beat in this hip hop dance fitness class which gives students the opportunity to learn some basic hip-hop moves while improving their cardiovascular health. Geared towards all students, no prior dance experience is needed. At the course's end, students will have the opportunity to perform in an end of semester stage performance. Minimum: 5 / Maximum 18 students

Skyler has a Bachelor of Fine Arts in Dance from the University of the Arts 2005, whose training includes ballet, jazz, modern, afro Haitian, tap and hip hop. In addition, he is a professional figure skater who performed in the Disney on Ice world tour. Currently Skyler is working at Equinox Gyms in the Miami area. He is a prominent instructor of his regional dance fitness format simply called Skybeat. In 2013 Skyler established Skybeat kids and has successfully implemented it into numerous afterschool programs throughout Miami.

14. Soccer

Instructor: Cyclone Soccer. www.Cyclonesoccermiami.com

Fridays 4:00 – 5:00

17 classes

1/20, 1/27, 2/3, 2/10, 2/17, 2/24, 3/3, 3/10, 3/17, 3/31, 4/7, 4/21, 4/28, 5/5, 5/12, 5/19, 5/26

Price: \$315

In this soccer program, girls and boys will learn techniques, strategy and the value of team play while having fun. Depending on student interest and availability, weekend matches can be organized against other local leagues. Registration fee includes a red soccer practice jersey. Classes take place rain or shine. Coached by the experienced and friendly Cyclone Soccer programs, established in local schools and coaching all ages since 2005.

15. Tennis

Instructor: Lenka Barrow, USPTA certified coach

Fridays 4:00 – 5:30 (Note: 90 minute class)

17 classes

1/20, 1/27, 2/3, 2/10, 2/17, 2/24, 3/3, 3/10, 3/17, 3/31, 4/7, 4/21, 4/28, 5/5, 5/12, 5/19, 5/26

Price: \$400

Sharpen your game with Coach Barrow. She has over 15 years coaching experience at various local schools, including coaching Nautilus students during PE classes. Students will focus on fundamental skills, footwork and strategy through practice drills, fun learning games, and playing matches. All levels welcome. Class will maintain a 6:1 student to coach ratio. Some rackets available. Minimum 6 students, maximum 18 students per class.

Questions? Contact:

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